

TEST REPORT






2019年12月31日
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Abstract The purpose of this study was to determine the effect of a 12-week, 30-min, 3 times per week, low-impact aerobically and resistance training program on the physical fitness of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were randomly assigned to either an exercise group or a control group. The exercise group performed a 12-week, 30-min, 3 times per week, low-impact aerobically and resistance training program. The control group performed no exercise. The physical fitness of the subjects was measured at baseline and at 12 weeks. The results of the study showed that the exercise group had significantly greater improvements in physical fitness than the control group. The improvements in physical fitness were measured in terms of heart rate, blood pressure, and body mass index. The exercise group had significantly greater improvements in heart rate, blood pressure, and body mass index than the control group. The results of the study suggest that a 12-week, 30-min, 3 times per week, low-impact aerobically and resistance training program can improve the physical fitness of sedentary, middle-aged women.

Figure 1: Schematic representation of the experimental design. The diagram shows a sequence of events: 'Stimulus presentation' (a box with a question mark), 'Response' (a box with a question mark), 'Feedback' (a box with a question mark), and 'Inter-trial interval' (a box with a question mark). The sequence is repeated for 'Trial 1' and 'Trial 2'. A legend indicates that the 'Stimulus presentation' box is for 'Stimulus presentation' and the 'Response' box is for 'Response'.

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1990s and 2000s. However, the literature on the effects of the 1990s and 2000s on the environment is limited. This paper aims to fill this gap by examining the environmental impact of the 1990s and 2000s in the United States. The paper uses a panel data approach to analyze the environmental impact of the 1990s and 2000s in the United States. The results show that the 1990s and 2000s had a significant positive impact on the environment in the United States. The 1990s had a significant positive impact on the environment in the United States, while the 2000s had a significant negative impact on the environment in the United States. The results also show that the 1990s and 2000s had a significant positive impact on the environment in the United States, while the 2000s had a significant negative impact on the environment in the United States. The results also show that the 1990s and 2000s had a significant positive impact on the environment in the United States, while the 2000s had a significant negative impact on the environment in the United States.

说 明
Introduction

- 1. 报告无“骑缝章”或检测单位检测专用章无效。
This report is considered invalidated without the Special Seal for Inspection of the QS.
- 2. 本报告无编制人、审核人、签发人签名无效，报告经涂改无效。
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1. 任务来源

湖北润安检测技术有限公司受仙桃绿色东方环保发电有限公司的委托,于2022年04月26日对其2022年4月份环保检测项目进行采样检测,并于2022年04月27日至04月28日进行分析检测。

2. 基本情况

仙桃绿色东方环保发电有限公司主要从事垃圾焚烧发电,设计垃圾处理能力为1000吨/天,年生产天数为330天。有组织废气主要来源于生产废气,经过SNCR脱硝+半干法脱酸+干法脱酸+活性炭吸附+布袋除尘处理后排放。

3. 检测方案

按上表

类别	检测项目	标准方法名称	检测仪器及编号	检出限
固体废物	热灼减率	固体废物 热灼减率的测定 重量法 HJ 1024-2019	JT2003A 电子天平 (QS-FX067)	0.2%

5.质量保证和质量控制措施

按照《固定污染源监测质量保证与质量控制技术规范（试行）》(HJ/T 375-2007)、《工业固体废物采样制样技术规范》（HJ/T 20-1998）等规定，对检测的全过程进行质量保证和控制。

5.1 参加检测的技术人员，均持有上岗证书。

5.2 检测仪器设备经国家计量部门检定合格，并在有效期内使用。

5.3 现场检测及样品的采集、保存、运输、分析等过程均按国家规定

5.4 检测过程严格按照《W



6.检测结果

6.1 有组织废气检测结果

采样日期	检测点位	检测项目	检测	实测浓度	折算浓度	最高允许排放
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接上表

采样日期	检测点位	检测项目	检测 次数	实测浓度 ($\mu\text{g}/\text{m}^3$)	折算浓度 ($\mu\text{g}/\text{m}^3$)	最高允许排放 浓度($\mu\text{g}/\text{m}^3$)
		汞	1	3.5×10^{-5}	3.1×10^{-5}	0.2
			2	3.6×10^{-5}	3.2×10^{-5}	
			3	3.4×10^{-5}	3.1×10^{-5}	
		镉	1	$8\times 10^{-4}\text{L}$	$7\times 10^{-4}\text{L}$	0.1
			2	$8\times 10^{-4}\text{L}$	$7\times 10^{-4}\text{L}$	
			3	$8\times 10^{-4}\text{L}$	$7\times 10^{-4}\text{L}$	
		铅	1	0.013	0.012	1.6
			2	0.010	9×10^{-3}	
			3	0.018	0.017	
		铬	1	9×10^{-3}	8×10^{-3}	/
			2	8×10^{-3}	7×10^{-3}	
			3	8×10^{-3}	7×10^{-3}	
		钴	1	$2\times 10^{-3}\text{L}$	$2\times 10^{-3}\text{L}$	/
			2	$2\times 10^{-3}\text{L}$	$2\times 10^{-3}\text{L}$	
			3	$2\times 10^{-3}\text{L}$	$2\times 10^{-3}\text{L}$	
		镍	1	7.4×10^{-3}	6.8×10^{-3}	/
			2	7.4×10^{-3}	6.8×10^{-3}	
			3	7.4×10^{-3}	6.8×10^{-3}	

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		砷	1	$9\times 10^{-4}\text{L}$	$8\times 10^{-4}\text{L}$	/
			2	$9\times 10^{-4}\text{L}$	$8\times 10^{-4}\text{L}$	



报告编号: HBQSBG20220420010

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附件: 废气排气筒烟气参数

日期	检测点	检测项目	检测频次	标干流量(m³/h)	含氧量(%)	烟温(°C)	流速(m/s)
			1	108529	10.4	132	18.4
			2	111241	10.2	133	



固体废物 1#

固体废物 2#